

Ephesians 4:13 until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ

### Believe what Jesus believes.

1 Corinthians 2:14-16 The natural person does not accept the things of the Spirit of God, for they are folly to him, and he is not able to understand them because they are spiritually discerned. 15 The spiritual person judges all things, but is himself to be judged by no one. 16 “For who has understood the mind of the Lord so as to instruct him?” But we have the mind of Christ.

Grow your Biblical knowledge

Give up your false beliefs

### Feel what Jesus feels.

Colossians 3:14-15 And above all these put on love, which binds everything together in perfect harmony. 15 And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.

Guide the direction of our emotions

Govern the degree of our emotions

### Do what Jesus did.

Matthew 16:24 Then Jesus told his disciples, “If anyone would come after me, let him deny himself and take up his cross and follow me.

Refuse what is sinful.

Pursue what is righteous.

Luke 6:40 A disciple is not above his teacher, but everyone when he is fully trained will be like his teacher.