

**Jacob & Esau: The Value of a Cup of Stew**  
**Genesis 25:29–34**

**Don't just believe the promise made; believe the Promise Maker.**

- Don't let rivalry ruin you.
- Valuing what we have is necessary to value what is ahead.
- What we feed first defines us most.
- Grace affords us what we cannot afford ourselves.

**It's just a cup of stew.**

- Some things we can't buy back.
- Guard your appetites.
- Desire does not create value.
- Righteousness is not instant fulfillment.
- Sinfulness cannot satisfy what God designed for righteousness.