

7 Struggles of Suburbia

Grudges: Holding and Healing

Proverbs 26:24-27

Haters are both deceiving and deceived.

Haters are not fully known nor fully trusted.

Haters injure everyone, including themselves

Ecclesiastes 7:8-10, 20-22

Grace given causes forgiveness and forbearance. (Psalm 103:8-10, Prov. 10:12&19)

Hatred dwells deeply. (Proverbs 10:17-18)

We have the ability to affect how offended we are. (Psalm 130:3-4)

Forgiveness is not necessary when offense is not taken. (Prov. 24:17)

The only remedy for grudges is grace. (Prov. 24:29)

Remember all the grace given you. (Psalm 51)

Forgiveness is grace given. (Prov. 17:9, Psalm 103:12)

Forgiveness is not an emotion, it is an ongoing state of being. (Prov. 25:21-22)

Imageries for Forgiveness from Wisdom Literature

Covering (Psalm 32:1, Prov. 10:12, 17:9)

Blotting Out / Erasing (Psalm 51:1,9)

Cleansing / Washing (Psalm 51:2-7)

Removing / Separating (Psalm 103:12)

Not remembering / Not counting (Psalm 130:3-4)

Healing / Renewal (Psalm 51:10&12)

Reconciliation / Restoration (Song of Solomon 8:7)