

*"A heart at peace gives life to the body, but envy rots the bones."* **Proverbs 14:30**

Comparison is a trap that steals kills and destroys

Contentment is the key that disables the destruction

Envy rots my life...

If I can see the trap I can avoid the snare

If I am trapped by comparison, there is freedom in faith

If my heart is at peace it will give life to my body...

#### **4 Thoughts about Comparison to Consider this week:**

##### **Don't envy the sinful.**

Success at the cost of sin has no real significance or value.

(Proverbs 23:17, 24:1-2 Psalm 37:1-2, 73:2-3, Job 5:2)

##### **Don't give value to what is without values.**

Do not put value to what someone has without considering the cost of who they are.

(Proverbs 15:16-17, 16:8, 17:1, 28:6, Psalm 37:16, 73:2-3&16-17)

##### **Don't compare the good of self against the wrong in others.**

Be careful not to judge yourself on intentions and others on actions.

(Proverbs 30:12, 21:2, 26:12, 16:5, 27:2, Psalm 19:12-13, 36:2)

##### **Don't judge yourself by your strengths and others by their weaknesses.**

Be careful not to judge yourself or others based solely on the things you do best.

(Proverbs 14:21, 22:2, 23:10-11, 31:8-9, Psalm 41:1, 82:3-4, 147:3&6)