

## **The Stress that Stole Christmas**

### **Ecclesiastes 4**

**The greatest source of stress in our lives is sin.**

**Choose people.**

Choosing people means preferring another above yourself. (Romans 12:10)

**Better Purpose** – To be better, I need you.

**Better Production** – To do better, I need you.

**Better Provision** – To have better, I need you.

**Better Protection** – To live better, I need you.